SEXUAL & REPRODUCTIVE HEALTH
RESOURCE GUIDE
ABOUT THE ARTWORK
The front cover tells the message of sharing the information of sexual and reproductive wellbeing to the whole community. The message sticks are held by Aboriginal Health workers who share the information with individuals, families and the community.

ABOUT THE ARTIST
LYN BRIGGS
‘I am a Wiradjuri/ Yorta Yorta woman and I have 4 sons and 7 grandchildren. I have been involved with Aboriginal Health for 25 years and have designed art work for a number of health projects both in community control services and mainstream services. I am very passionate about using my skills to spread the message of health and wellbeing to our communities.’
This resource guide was developed to assist the Aboriginal community and Aboriginal health workers to access Sexual and Reproductive Health services within Victoria as a means to improve sexual and reproductive health for all Aboriginal people.

Sexual and Reproductive Health is an important matter within the Indigenous community. The burden of sexual ill-health and blood borne viruses is several times greater for Aboriginal people, compared with the burden of non-aboriginal people. Therefore it is important to understand the significant functions of sexual health services as a means to better sexual and reproductive health for yourself and the community.
It is very important to be tested for sexually transmitted infections. Most STI’s show no symptoms at all; therefore it is difficult to determine whether you carry an infection without receiving a test from your doctor.

Majority of health services are required to offer sexual health testings for all patients and it is sensible for anyone who is sexually active to receive a test - especially if they have unsafe sex.

The tests are quick and harmless, so next time you visit your doctor; ask about a sexual health test.

The following identified agencies provide sexual and reproductive health services to the community.

**CONFIDENTIALITY AND PRIVACY IS ENSURED IN ALL IDENTIFIED SERVICE PROVIDERS**

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**SEXUAL HEALTH SERVICE PROVIDERS**

**VICTORIAN ABORIGINAL HEALTH SERVICE**
186 Nicholson Street, FITZROY VIC
Telephone: 03 9419 3000
Website: www.vahs.org.au

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<th>Mon - Fri</th>
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<td>9.00am - 5.00pm</td>
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This service provides professional and confidential health care for Aboriginal people. It offers a sexual health screening and treatment service. It also provides education and counselling services. Bulk billing is available for Medicare card holders. Drop in or phone to book an appointment.

**MELBOURNE SEXUAL HEALTH CENTRE**
580 Swanston Street, CARLTON VIC
Telephone: 03 9347 0244
Website: www.mshc.org.au

MSHC runs two clinical sessions per day, except on Fridays. **No appointment or referral is necessary to attend Melbourne Sexual Health Centre, simply walk in and let reception staff know that you would like to be seen. Please refer to the What happens when you visit MSHC? page on our website for further information on the walk-in system.**

Since MSHC operates as a walk-in system with no appointments, the best times to arrive are 8.40am and 1.10pm. Please allow at least two hours for your visit. Allow approximately half an hour if you are attending for results. If you have never visited MSHC before, we encourage you to contact our Results and Information telephone line to speak to a nurse first to ensure that we are the best service to meet your needs.

**THE CARLTON CLINIC**
88 Rathdowne Street, CARLTON VIC 3053
Telephone: 9347 9422
Website: www.carltonclinic.com.au

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<tr>
<th>Mon-Thurs</th>
<th>Thu Evening</th>
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<tr>
<td>8.40am-5.00pm</td>
<td>Clinic 5.00pm-7.00pm (Appointment only)</td>
<td>12.30pm-5.00pm</td>
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<tr>
<td>Arrival close to 8.40am or 1.10pm is advisable.</td>
<td>Registration from 12.30pm</td>
<td>Triage from 1.00pm</td>
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<tr>
<td>Pharmacy Mon-Thurs</td>
<td>Fri 9.00am-12.30pm</td>
<td>Fri 1.30-5.00pm</td>
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The pharmacy is on site at MSHC and MSHC scripts are used for this service. The doctor will issue a script and the MSHC pharmacy will dispense the medication. All items from our pharmacy are free, including condoms, lubricant and needle exchange.

**METROPOLITAN AREA**

**THE CARLTON CLINIC**
88 Rathdowne Street, CARLTON VIC 3053
Telephone: 9347 9422
Website: www.carltonclinic.com.au

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This service provides confidential sexual health care. It offers research and treatment of HIV and other sexually transmissible diseases. Phone for more information.
ROYAL WOMEN’S HOSPITAL
SEXUAL HEALTH CLINIC
132 Grattan Street, CARLTON VIC
Telephone: 03 9344 2183
Website: www.thewomens.org.au
Aboriginal Liaison Officer: 03 9344 2160
This service provides professional health care for women and offers confidential testing and treatment for STI's and confidential counselling service.
Phone for more information.

ROYAL MELBOURNE HOSPITAL
INFECTIOUS DISEASES SERVICE
Grattan Street, PARKVILLE VIC, 3052
Telephone: 03 9342 7000
Website: www.mh.org.au/Royal_Melbourne_Hospital
This hospital provides a specialised infectious disease service. It offers information and support on sexual health infections and conducts all STI screenings.
Phone or visit the website for more information.

THE ALFRED HOSPITAL [INFECTIOUS DISEASES AND MICROBIOLOGY SERVICES]
Commercial Road, PRAHRAN VIC 3181
Telephone: 03 9276 2000
Website: www.alfred.org.au
This service provides confidential HIV/AIDS health care and allows for inpatient and outpatient's treatment and testing.
Phone for more information.

THE CENTRE CLINIC
46 Ackland Street, ST KILDA VIC
Telephone: 03 9525 5866
This service provides professional health care. It offers medical consultations on sexual health, general health, emotional and psychological health. All STI screenings are conducted.
Phone or visit the website for more information.

CENTRE CLINIC NORTHCOTE
42 Separation Street, NORTHCOTE VIC 3070
Telephone: 03 9481 7155
This Centre Clinic is a community health service for positive people and the GLBTI community, but is open to all.
A health care centre where the doctors are unhurried, friendly and take your health concerns seriously providing:
• Health and medical care for PLWHA
• HIV monitoring by experienced doctors including viral load and t-cell counts;
• Antiretroviral treatment & advice on antiretroviral treatment without pressure
• Medical consultations on sexual health, general health, emotional and psychological health
• STD testing with on-the-spot treatment and diagnosis (where appropriate)
• HIV testing and counselling with results in one week
• Hepatitis testing and vaccination
• Condoms and lube for sale.

FAMILY PLANNING VICTORIA
901 Whitehorse Road, BOX HILL VIC 3128
Telephone: 03 9654 4766
Website: www.fpv.org.au
This service offers professional health information. It specialises in contraception, family planning, safe sex and sexual and reproductive health.
Phone or visit the website for more information.

VICTORIAN HIV SERVICE AND INFECTIOUS DISEASES CLINIC – THE ALFRED HOSPITAL
Commercial Road PRAHRAN VIC 3181
Acute Service
If you are acutely unwell you will need to go directly to the Emergency Department 24 Hour Service. An Infectious Diseases Consultant is always on call. HIV Outpatient Clinics can be made through the Infectious Diseases Outpatient Clinic. Appointments can be made through the Infectious Diseases Outpatient Clinic. Telephone: 9076 6081 to make an appointment for the HIV out patients clinics
Location: General ID Clinic -2nd Floor, WS Philip Block, The Alfred
The Victorian HIV Service comprises a number of specialty services:
• Victorian HIV Consultancy
• Victorian HIV Mental Health Service
• Clinical Research & Trials information
• Victorian NPEP Service
• HIV CALD Service
• Horizon Place
• Education + Resource Centre (HIV, Hepatitis and STIs)
NORTHSIDE CLINIC
370 St Georges Road, FITZROY NORTH VIC
Telephone: 03 9485 7700
Northside Clinic sees patients on an appointment basis. To book, call (03) 9485 7700.
The clinic is open to all, but has a particular focus on providing quality medical care for the
Gay, Lesbian, Bisexual and Transgender communities in Melbourne’s north. The clinic provides
comprehensive testing for and management of Sexually Transmitted Infections (STIs) and HIV, as well
as a full range of General Practice services. Osteopathy services and pathology collection are available
at the clinic premises.
Consultation fees: $60-$100 depending on length of consultation.
Bulk Billing is available for valid Health Care Card, Pension Card and Full Time Student Card
holders before 5pm, Mon – Fri only. Currently dated concession cards and a Medicare card
must be presented at EVERY appointment.
All consultations, (including Work Cover and TAC) MUST BE PAID FOR IN FULL on the day.
The service will not invoice patients, third parties or employers directly. This also applies to
Osteopathy consultations.

ACTION CENTRE
Level 1 94 Elizabeth Street, MELBOURNE VIC 3000
Telephone: 03 9654 4766
Toll free 1800 013 952
This centre is for young people from 13 to 25 years of age.
This service provides professional and confidential sexual health care.
• Clinics
• Sexual and reproductive health counselling
• Same sex attracted support groups
• Education and information on safer sex
• Answers to your questions
Services are free to those young people under 18. There is a $5 per year charge for those
between 18 - 25 years, who are students’ or on benefits, or $27.50 per year to those working
full time.
The Action Centre provides a number of specialised counselling services and sees young people for
disability counselling, sexual assault counselling, pregnancy counselling, and sexual identity counselling.
Phone for more information or to book an appointment.

NORTH YARRA COMMUNITY HEALTH – FITZROY
75 Brunswick Street, FITZROY VIC
Telephone: 03 9411 3555
This service provides professional and confidential health care. This service targets
HIV+ people and gay and lesbian people but is open to all. HIV testing, counselling
and treatment is provided. This service conducts all STI screenings.
It also provides professional maternal health support and counselling services.
Phone to book an appointment.

PRAHRAN MARKET CLINIC
Pran Central Shopping Centre, Mezzanine Level,
220 Commercial Road, PRAHRAN VIC 3181
Telephone: 03 9514 0888
Please ring to make an appointment
The services listed below cover some of the areas of interest for the doctors at PMC. if you require a
specific area please mention this when booking to ensure your appointment is with the right doctor.
• General medicine
• Sexual Health
• HIV care
• Travel Medicine (incl Yellow fever)
• Removal of Skin lesions
• Wound care
• Transsexual health
• Sports medicine
• HIV Clinical trials
• Women’s Health
• Mental Health services
Fees are payable at the time of consultation by cash, MasterCard, Visa or EFTPOS. The
AMA Fee structure forms the basis of our billing policy and is displayed in the reception
area of the surgery.
If you have any difficulty in paying our fees, please discuss it with us.
PMC Bulk Bills patients with Health Care cards, Pension cards and Veteran Affairs cards.
DANDENONG
SEXUAL HEALTH CLINIC
FRANKSTON HOSPITAL
Hastings Road, FRANKSTON VIC
Telephone: 03 9784 7650

This service provides confidential and professional sexual health care and offers information and support on HIV/AIDS and conducts all STI screenings.
Phone to book an appointment.

BUNARONG HEALTH SERVICE
3 Carroll Avenue, DANDENONG VIC
Telephone: 03 9794 5933

This service provides all sexual health screenings and maternal health and counselling services.
Bulk billing is available. Phone to book an appointment.

GREATER DANDENONG
COMMUNITY HEALTH SERVICES
CRANBOURNE/DOVETON
Telephone: 03 8768 5147

Two clinics are available to females and males of all ages. They are located at Cranbourne and Doveton.
Clients need to live or attend a school or GP located within:
• Greater Dandenong
• City of Casey
• Shire of Cardinia

Our information and appointment service will advise on acceptance to the program.
Cranbourne Clinic – Tuesday (staffed by both a nurse and a doctor)
Doveton Clinic – Tuesday (staffed by a doctor)
For further information and appointments, telephone 03 8768 5147.

BAIRNSDALE
GIPPSLAND & EAST GIPPSLAND
ABORIGINAL COOPERATIVE
37-53 Dalmahoy Street, BAIRNSDALE VIC
Telephone: 03 5152 5544
Website: www.gegac.org.au
Swab testing & blood testings conducted
Urine testing referred to pathology
Maternal health services available
Counselling services available
Drop in for an appointment. Bulk billing available.

BAIRNSDALE REGIONAL COMMUNITY HEALTH SERVICE
BRHS offers a wide range of healthcare services and social activities designed to build a happy and healthy community.
BRHS has two community health sites offering a range of services:
BAIRNSDALE COMMUNITY HEALTH SERVICE
Ross Street, BAIRNSDALE VIC
Telephone: 03 5152 0222
• Adolescent Health – sexual health programme and counselling
• Breast cancer support
• Community Health Nursing and education
• Needle & Syringe Exchange program
• Women’s Health – Pap testing, breast care

PAYNESVILLE COMMUNITY HEALTH SERVICE
Shop 19, The Esplanade, PAYNESVILLE VIC
Telephone: 03 5156 0631
• Counselling and personal support
• Women’s Health – Pap testing, breast care
• Young people’s support service
BAIRNSDALE REGIONAL HEALTH SERVICE – PATHOLOGY
122 Day Street, BAIRNSDALE VIC
Telephone: 03 5150 3333
This service provides professional and confidential health care. All STI screenings are conducted. Bulk billing available. Visit your GP first for a referral.

SALE
RAMAHYUCK MEDICAL CLINIC
117 Foster Street, SALE VIC
Telephone: 03 5144 6511
Website: www.ramahyuck.org.au
This service conducts all STI screenings. Maternal health and counselling services are also provided. Walk in or phone for an appointment.

DESAILLY MEDICAL CENTRE
49 Desailly Street, SALE VIC
Telephone: 03 5144 5766
This service conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available in most cases. Drop in or phone for an appointment.

CLOCKTOWER MEDICAL CLINIC
284 Raymond Street, SALE VIC
Telephone: 03 5144 4788
This service conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available in most cases. Phone to book an appointment.

TRARALGON
LATROBE REGIONAL HOSPITAL (TRARALGON)
Princes Highway, TRARALGON VIC
Telephone: (03) 5173 8111
This service is an AIDS/STD clinic providing counselling, support and treatment and conducts all STI screenings as well as maternal health and counselling services are also provided. Bulk billing available for health care card holders. Phone to book an appointment.

BALLARAT
BALLARAT COMMUNITY HEALTH CENTRE SEXUAL HEALTH CLINIC
710 Sturt Street, BALLARAT VIC
Telephone: 03 5338 4500
www.bchc.org.au
This service provides confidential sexual health screening and treatment and advice to men and women of all ages. Phone to make an appointment.

BALLARAT COMMUNITY HEALTH CENTRE
THE ANNEXE – FAMILY PLANNING & SEXUAL HEALTH CLINIC
710 Sturt Street, BALLARAT VIC
Telephone: 03 5333 1635
This free and confidential service provides professional health care. All STI screenings are provided as well as professional maternal health support and counselling services. Phone to make an appointment.

MEDIC AID
23 - 25 Raglan Street, BALLARAT VIC
Telephone: 03 5332 3355
This service provides professional and confidential health care. All STI screenings are provided. Bulk billing available. Phone to book an appointment.
HALLS GAP

BUDJA BUDJA ABORIGINAL COOPERATIVE
20-22 Grampians Road
Telephone: 03 5356 4751

This service is a confidential service that offers professional health care to Aboriginal people. It conducts swab testing and STI treatment. Maternal health and counselling services are also available. Bulk billing is available.
Phone to book an appointment.

GRAMPIANS COMMUNITY HEALTH CENTRE

WOMEN’S HEALTH CLINIC – FAMILY PLANNING
40-44 Wimmera Street, STAWELL VIC
Telephone: 03 5358 7400
Website: www.gchc.org.au

This is a free confidential service that offers all STI screenings. Appointments can be arranged and clients may be accompanied to pathology for screening.
Phone to book an appointment.

HORSHAM

GOOLUM GOOLUM ABORIGINAL COOPERATIVE
43 Hamilton Street, HORSHAM VIC
Telephone: 03 5381 6333

This service provides confidential health care for Aboriginal people and conducts all STI screenings, support and treatment. Bulk billing is available.
Phone to book an appointment.

LISTER HOUSE CLINIC
146 Baillie Street, HORSHAM VIC
Telephone: 03 5382 0011

This service conducts swab testing. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available.
Bulk billing is available.
Phone to book an appointment.

WOMEN’S HEALTH GRAMPIANS

5A Firebrace Street, HORSHAM VIC
Telephone: 03 5381 1663
Email: healthworkerc@whg.org.au

This health service provides specialised health care for women. It is a free and confidential service that provides information regarding sexual health, breast health, contraception advice and STI information.
Phone to book an appointment.

BENDIGO

BENDIGO COMMUNITY HEALTH SERVICE
PO Box 1121, BENDIGO VIC 3552
Email: bchs@bchs.com.au Website: www.bchs.com.au

We provide a Men’s Health Clinic from 4pm-8pm on Tuesdays and a Women’s Health clinic from 4pm-7pm on Wednesdays. Please contact reception on 03 5434 4330 for further information and to make an appointment.

YOUTH HEALTH @ CENTRAL – 171 HARGREAVES STREET, BENDIGO
Adolescent Health – Free or Bulk Billing Service. Ph: 03 5448 1600
A female Doctor and Nurse are available on Thursdays at Central for appointments for all young people. The service is for sexual and related health issues.
Youth Health @ Central also have a drop in service from 1pm-5pm on Thursday for Nurse please phone to book an appointment.
GEELONG

BARWON HEALTH – STD/HIV CLINIC
GEELONG HOSPITAL
Swanston Street Annexe, GEELONG VIC
Telephone: 03 5226 7254

This service provides professional sexual health care. All STI screenings are provided, including FREE HIV screenings. STI treatment and counselling is offered. Bulk billing available. Phone to book an appointment.

BARWON HEALTH – WOMEN’S HEALTH CLINIC
2 Gellibrand Street, CORIO VIC
Telephone: 03 5273 2200

This service provides confidential health care for women. This service conducts swab testing. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.

BARWON HEALTH – REPRODUCTIVE HEALTH CLINIC
104-108 Bellarine Highway, NEWCOMB VIC
Telephone: 03 5260 3333

This service provides professional reproductive and sexual health care. It conducts swab testing, urine and blood test. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.

WARRNAMBOOL

HOPKINS MEDICAL CENTRE
301 Timor Street, WARRNAMBOOL VIC
Telephone: 03 5561 4955
Email: hmc@ansonic.com.au

This service conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available in most cases. Drop in or phone to book an appointment.

WARRNAMBOOL MEDICAL CLINIC
193A Liebig Street, WARRNAMBOOL VIC
Telephone: 03 5562 2766
Email: admin@warrnamboolmedicalclinic.com.au

This service conducts swab testing. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.

JAMIESON STREET MEDICAL CLINIC
39 Jamieson Street, WARRNAMBOOL VIC
Telephone: 03 5562 6533

This service conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available for health care card holders. Phone to book an appointment.

CAMBOURNE CLINIC
196A Liebig Street, WARRNAMBOOL VIC
Telephone: 03 5561 2077

This service conducts swab testing. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.

YOUTH CLINIC
275 Koroit Street, WARRNAMBOOL VIC
Telephone: 03 5562 4528

This service specifically targets young people’s health. This service conducts all STI screenings and pregnancy testings. Information about contraception is also provided. Bulk billing is available for health care card holders. Drop in or phone for an appointment.
HEYWOOD
FOX FAMILY MEDICINE
21 Barclay Street, HEYWOOD VIC
Telephone: 03 5527 1155
Mon-Thurs 8.30am-4.30pm
This service provides professional and confidential health care as well as conducting sexual health screenings if necessary. Bulk billing available. Phone to book an appointment.

MILDURA
MILDURA ABORIGINAL HEALTH SERVICE
120 Madden Avenue, MILDURA VIC
Mon-Thurs 9.00am-5.00pm Fri 9.00am-4.00pm
Telephone: 03 5022 0350
This service provides free and confidential health care to Aboriginal people and conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available. Phone to book an appointment.

DARETON SEXUAL HEALTH CLINIC
42–44 Tapio Street, DARETON VIC
Mon-Fri 8.30am-5.00pm
Telephone: 03 5021 7200
This is a free health service that conducts all STI screenings. Maternal health and counselling services are also provided. Phone to book an appointment.

COOMEALLA HEALTH ABORIGINAL CORPORATION [CHAC]
35 Tapio Street, DARETON VIC
Mon-Fri 9.00am-5.00pm
Telephone: 03 5027 4824
This service provides free and confidential health care to Aboriginal people. It conducts all STI screenings as well as maternal health and counselling services are also provided. To book an appointment, contact the number above.

BARRATT & SMITH PATHOLOGY
127 Langtree Avenue, MILDURA VIC
Telephone: 03 5021 1626
Mon-Fri 8.00am-6.00pm
This service conducts all STI screenings. Visit your GP first for a referral.

GRIBBLE PATHOLOGY
240 Thirteenth Street, MILDURA VIC
Telephone: 03 5021 0080
Mon-Fri 8.00am-6.00pm Sat 9.00am-11.00am
This service conducts all STI screenings. Visit your GP first for a referral.

ROBINVALE
MURRAY VALLEY ABORIGINAL HEALTH SERVICE
87 Latje Road, ROBINVALE VIC
Telephone: 03 5026 4501
Mon-Thurs 9.00am-5.00pm Fri 9.00am-4.00pm
This service conducts all STI screenings. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.

ROBINVALE DISTRICT HEALTH SERVICE
Latje Road, ROBINVALE
Telephone: 03 5051 8160
Mon-Fri 8.30am-5.00pm
This service conducts all STI screenings. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.
SHEPPARTON
RUMBALARA HEALTH SERVICE
20 Rumbalara Road, MOOROOPNA VIC
Telephone: 03 5825 2333
Email: nurses@raclimited.com.au
This service conducts all STI screenings. Maternal health and counselling services are also provided.
Bulk billing available in most cases. Drop in or phone to book an appointment.

WYNDHAM HOUSE CLINIC
96 Maude Street, SHEPPARTON VIC
Telephone: 03 5821 5633
This service refers to pathology for STI screenings. Maternal health and counselling services are provided.
Phone to book an appointment.

ECHUCA
NJERNDA MEDICAL CENTRE
84 Hare Street, ECHUCA VIC
Telephone: 03 5480 6252
This service provides professional and confidential health care. All STI screenings are provided. This service also provides maternal health and counselling services. Bulk billing is available. Phone to book an appointment.

ECHUCA REGIONAL HEALTH
PRIMARY CARE DIVISION
Leichhardt Street, ECHUCA
Telephone: 03 5480 5000
This service provides professional and confidential health care. Maternal health and counselling services are available. Phone to book an appointment.

WODONGA
ALBURY COMMUNITY HEALTH CENTRE
596 Smollett Street, ALBURY VIC
Telephone: 02 6058 1800
This is a free service that conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available for health care card holders. Phone to book an appointment.

FEDERATION CLINIC
1 Forde Court, WODONGA VIC
Telephone: 02 6059 2500
This service conducts swab testing. The urine and blood test that are conducted here are referred to pathology. Maternal health and counselling services are also available. Bulk billing available. Phone to book an appointment.

VERMONT STREET HEALTH CLINIC (WODONGA)
79 Vermont Street, WODONGA VIC
Telephone: 02 6051 7535
This is a free service that conducts all STI screenings. Maternal health and counselling services are also provided. Bulk billing available for health care card holders. Phone to book an appointment.
FERTILITY, FAMILY PLANNING AND ABORTION SERVICES

FERTILITY CONTROL CLINIC
118 Wellington Parade, EAST MELBOURNE VIC 3002
Telephone: 03 9419 2922
Email: clinic@iprimus.com.au

PLANNED PARENTHOOD
CROYDON DAY SURGERY
411 Dorset Road, Croydon VIC 3136
Telephone: 03 9724 9377

THE WOMEN’S CLINIC ON RICHMOND HILL
366 Church Street, RICHMOND VIC 3121
(Melways Ref: 2H A8 and 44 F10)
Telephone: 03 9427 0372
(Tues-Fri 8.00am–4.00pm)

THE HAMPTON PARK WOMEN’S HEALTH CARE CENTRE
2-4 Warana Drive, HAMPTON PARK VIC 3976
(Cnr Hallam Rd - Melways Ref: 96 F7)
Telephone: 03 9799 2817
(Mon, Thurs and Fri only 7.30am-3.00pm)

FAMILY PLANNING CENTRE
171 Berkeley Street, CARLTON VIC 3053
(near Melbourne University)
Telephone: 03 9347 7036 or 03 9347 7275

EAST MELBOURNE CENTRE
Suite 4, Level 1, 182 Victoria Parade, EAST MELBOURNE VIC 3002
FREECALL: 1800 003 707

MARIE STOPES INTERNATIONAL
FREECALL: 1800 003 707

SEXUAL AND REPRODUCTIVE HEALTH SUPPORT LINES

Speaking to someone on the phone allows for anonymity. If you find it difficult to talk to your doctor about your sexual concerns, then these support phone lines are good for you. The person you speak to is trained to help people who feel they may be at risk of STIs and BBVs and will direct them to the appropriate place for help. Some help lines have Aboriginal workers and volunteers so you can ask if this is best for you.

AIDS LINE
Telephone: 03 9347 6099
This service is a free telephone service that provides counselling, information and referrals on HIV, STDs and sexual health.

HEPATITIS C SUPPORT LINE
Telephone: 03 9349 1111 or 1800 800 241
This service provides counselling and referral for people with Hepatitis C or who fear they may be at risk of sexual infections.

GAY AND LESBIAN SWITCHBOARD
Melbourne: 03 9663 2939  Regional Victoria and Tasmania: 1800 184 527
Gay and Lesbian Switchboard (Victoria) Incorporated is a volunteer organisation which provides a telephone counselling, referral and information service for the Victorian and Tasmanian gay, lesbian, bisexual, transgender and intersex (GLBTI) communities. They also extend this service to family and friends of GLBTI individuals as well as health and welfare professionals with GLBTI clients. Switchboard’s service is free, anonymous and confidential. Their phones are staffed by trained volunteers who themselves are lesbian, gay, bisexual or transgender.

CONNECT HIV/SEXUAL HEALTH PHONELINE
FREECALL: 1800 038 125  Website: www.plwhavictoria.org.au
HIV/AIDS & Hep C telephone counselling, referrals and information service.

HEPATITIS C VICTORIA
FREECALL: 1800 703 003  Email: hepcvic@vicnet.net.au  Website: www.hepcvic.org.au
Community based organisation providing information, education, community support, advocacy, and referral services to those affected by Hepatitis.

WIRE [WOMENS INFORMATION AND REFERRAL EXCHANGE]
FREECALL: 1800 124 130  Email: wire@vicnet.net.au  Website: www.wire.org.au
Mon-Fri 10.00am–2.00pm
ALCOHOL AND OTHER DRUG SERVICES

NGWALA WILLUMBONG
93 Wellington Street, SAINT KILDA VIC 3182
Telephone: 03 9510 3233
Email: info@ngwala.org
This service provides specialised drug and alcohol residential rehabilitation and outreach support services to the Aboriginal communities. Ngwala will work with individuals, families and communities in a culturally relevant manner, to address issues associated with drug & alcohol use.

VICTORIAN ABORIGINAL HEALTH SERVICE [VAHS]
186 Nicholson Street, FITZROY VIC
Telephone: (03) 9419 3000
This service provides culturally appropriate health care to Aboriginal communities. VAHS offers a drug and alcohol clinic that offers support to drug and alcohol users and their families, as well as related services such as counselling services.

ALCOHOLISM AND DRUG TREATMENT CENTRE
[MORELAND HALL]
26 Jessie Street, MORELAND VIC 3058
Telephone: 03 9386 2876
This is an alcohol and other drug treatment service. It provides a range of alcohol and other drug treatment services to clients.

YOUTH SUBSTANCE ABUSE SERVICE [YSAS]
FREECALL: 1800 014 446 Website: www.ysas.org.au
Drug and Alcohol service for people aged between 12 and 21 who are experiencing significant problems related to their drug use.

ALCOHOLICS ANONYMOUS
Telephone: 03 9429 1833
Free service to counsellors and professional advice.

HARM REDUCTION VICTORIA
[INJECTING DRUG USERS PEER SUPPORT SERVICE]
Telephone: 03 9419 3633
An injecting drug user’s peer support service. Provides education and information for injecting drug users (IDU’s), ex IDU’s and carers.

QUIT LINE
Telephone: 131 848
This is a telephone service offering education and information for people wanting to quit smoking.

TURNING POINT
54-62 Gertrude Street, FITZROY VIC 3065
Telephone: 03 8413 8413
Email: info@turningpoint.org.au Website: www.turningpoint.org.au
Turning Point strives to promote and maximise the health and wellbeing of individuals and communities living with and affected by alcohol and other drug-related harms.

ALCOHOL & OTHER DRUG COUNSELLING, CONSULTANCY & CONTINUING CARE SERVICE
AVAILABLE IN STAWELL, HORSHAM AND ARARAT OTHER AREAS BY APPOINTMENT.
Contact: Intake worker Stawell 5358 7400, Ararat 5352 6200 or Horsham 5362 1200
This is a free confidential service for individuals, couples and families affected by their own drug or alcohol use or somebody else’s. This service also provides information, counselling, assessment, outreach, referral and ongoing case management.

YOUTH OUTREACH ALCOHOL & DRUG COUNSELLORS
Horsham 53621200, Stawell 53587400
To work with young people who experience alcohol and drug problems or at risk behaviours, provide therapeutic support, education to the client and their families in the wider community and also to liaise & work closely with schools in the region.
DRUG-USE TELEPHONE SUPPORT LINE

Speaking to someone on the phone allows for anonymity. If you find it difficult to talk to your doctor about your drug-related concerns, then these support phone lines are good for you. The person you speak to is trained to help people who experience issues related to drug use, or require information about safe disposal services and will direct them to the appropriate place for help.

DIRECT-LINE
Telephone: 03 9416 1818
Provides 24 hour counselling, referral and a methadone program for drug users. They will also suggest places for needle exchange.

SYRINGE DISPOSAL HOTLINE
Telephone: 03 9417 5125
This service provides information on safe needle/syringe disposal within the City of Yarra area.

FAMILY DRUG HELP
Freecall: 1300 660 068

SUPPORT GROUPS

Support groups are available to anyone who is seeking free advice, support or referrals relating to a range of concerns. Most are social networking groups that provide support to a specific minority. While other support services are available to offer confidential counselling services to anyone who feels they require professional advice.

OUT BLACK-SOCIAL SUPPORT GROUP
Telephone: 03 9419 3350
Outblack is a social support group that provides support for the Aboriginal gay and transgender community. Outblack provides many opportunities for both the gay and mainstream community to become involved, by hosting events and promoting a pro-gay attitude.
For more information, contact the above number.

RURAL HEP C NETWORK
BENDIGO REGION Telephone: 03 5443 2299
Email: rhc@can.org.au Website: www.can.org.au/Pages/Hepatitis_C.aspx
Provides resources, advocacy, referral and educational for people infected and affected with Hepatitis C.

COUNTRY AIDS NETWORK
The CAN Resource Centre, 34 Myers Street, BENDIGO VIC
Telephone: 03 5443 8355 or 03 5443 2299 Fax: 03 5443 8198
Mon-Fri 9.00am-5.00pm except public holidays

HARM REDUCTION VICTORIA [DRUG USER GROUP]
765a Nicholson Street, NORTH CARLTON VIC 3054
Telephone: 03 9381 2211
Harm Reduction Victoria formerly known as VIVAIDS provides professional support in relation to drug use. It offers a needle exchange program as well as support, referrals and advocacy for injecting drug users. Harm Reduction Victoria also promotes drug use education. It does this by providing peer education projects across the State and workshops for users and health workers.
For more information, contact the above phone number.

VICTORIAN AIDS COUNCIL
GAY MEN’S HEALTH CENTRE
6 Claremont Street, SOUTH YARRA VIC 3141
Telephone: 03 9865 6700
The Victorian AIDS Council provides professional and confidential health care for gay men. This service provides STI testing and treatment, as well as counselling services, peer support and education. The Victorian AIDS Council will also provide services for women if requested.
For more information, contact the above number.

PROSTITUTES COLLECTIVE OF VICTORIA
10 Inkerman Street, ST KILDA VIC 3182
Telephone: 03 9534 8319
This service provides confidential support and professional advocacy for female and male sex workers.
For more information, contact the above number.

MELBOURNE INNER-CITY AIDS PREVENTION CENTRE
384 Smith Street, COLLINGWOOD VIC 3066
Telephone: 03 9417 1466
Website: www.mine.aus.net/listen
This is a free and confidential service that provides after-hours needle/syringe provision and disposal. This service can also provide information and support on safe sex, HIV/AIDS and Hep C.
For more information, visit the website.

HIV+ PEER SUPPORT GROUP
POSITIVE LIVING CENTRE
51 Commercial Road, South Yarra VIC 3181
Telephone: 03 9863 0444 Peer Support Officer
FREECALL: 1800 134 840
Confidential information regarding peer support groups, positive youth groups, and other activities.
Support lines and services are also available for Health Workers. These services provide information, advice and support to workers within the health field. For more information, contact the following agencies:

**DEPARTMENT OF HUMAN SERVICES**
**HEALTH PROTECTION SERVICES**
Telephone: 03 9637 4184
This service provides expert advice and support to health regions and in particular the health workers.

**HEALTH AND SAFETY ORGANISATION**
Telephone: 03 9628 8111
This service provides professional advice to health care workers about health and safety practices and offers additional work safe support.

**POSITIVE WOMEN (VIC) INC.**
Fairfield House (Alfred Hospital) Moubray St, MELBOURNE VIC
(Melways reference: Map 2L, C10)
Telephone: 03 9076 6918
Email: info@positivewomen.org.au
Website: www.positivewomen.org.au
Mon-Fri 10.00am-3.00pm
An independent peer-support group for women living with HIV/AIDS that is also Lesbian friendly. This service provides confidential support, regular peer support group meetings, drop-in centre, advocacy, information on treatments, free massage. Monthly newsletter sent to members. Also runs a speakers’ bureau.

**FRESH**
Telephone: 03 9863 0444 Gina Greco
FREECALL: 1800 134 840
Email: fresh@vicaids.asn.au
Website: www.vicaids.asn.au
This is a social & support group for young HIV+ people under 30 years of age. Partners & friends welcome. The aim of ‘Fresh’ is to improve access of young positive men to support, information, resources and friendship. It is about exchanging skills and more importantly is about exchanging enthusiasm and understanding.

**HEPATITIS COUNCIL OF VIC INC**
5/200 Sydney Road, BRUNSWICK VIC 3056
Telephone: 03 9380 4644,
FREECALL: 1800 703 003
Email: hepcvic@vicnet.net.au
Website: www.hepcvic.org.au
Community based organisation providing information, education, community support, advocacy, and referral services to those affected by Hepatitis.

There are specialised services available to provide support or advice to people who feel they have been discriminated against. If you believe you have been unjustly treated or have a complaint about a service or health worker, contact the following agencies:

**VICTORIAN EQUAL OPPORTUNITY COMMISSION**
Telephone: 03 9281 7100
FREECALL: 1800 134 142
Contact this service to make a complaint if you feel you have been unfairly discriminated against.

**HEALTH SERVICES COMMISSIONER**
Telephone: 03 9665 5200
FREECALL 1800 136 066
Contact this service to make a complaint about a Health Service or a Health Professional.
V.A.C.C.H.O  
5-7 Smith Street, FITZROY VIC  
Telephone: 03 9419 3350
VACCHO has a wide selection of sexual health promotional information. Information for the Koori community, as well as the mainstream community, is available to borrow. VACCHO provides brochures and instructional videos on sexual health, in specific, STI's, sex safe practises, sexuality, and drug and alcohol related issues. If you are interested in borrowing videos or receiving VACCHO’s sexual health and drug/alcohol pamphlets, please contact the sexual health team on 9419 3350.

FAMILY PLANNING VICTORIA  
901 Whitehorse Road, BOX HILL VIC  
Education and Outreach Team at the Action Centre:  
Telephone: 03 9654 4766 or 1800 013 952  
Options Resource Centre:  
Telephone: 03 9429 3500  Fax: 03 9427 9987
Family Planning Victoria supports school communities in sexual health education. This service provides an extensive range of education and training services and resources. FPV holds a wide range of reading materials and videos – some of which can be borrowed or hired. If you are interested in receiving any educational materials, please contact the above numbers.

PUBLICATIONS OFFICER  
Public Health Division, Commonwealth Department of Health and Family Services,  
GPO Box 9848, CANBERRA, ACT 2601  
Telephone: 02 6289 8654
Further information about specific health issues can be obtained from state/territory authorities. Contact the above number if you require information of more support/health services.